



By Chris Keane

## **Derventio Top Medal Table at Midland Youth Championships**

Derventio eXcel Swim Squad have once again confirmed their place as one of the top squads in the country, following some outstanding performances at the recent Youth Championships which took place in Coventry. The Derbyshire squad bagged an amazing 23 gold, 10 silver and 7 bronze medals, beating local rivals Nova Centurion into 2<sup>nd</sup> place. Top performers were 14 year-old **Ann Morris** who took 1<sup>st</sup> place in all 5 freestyle events and **Zi Chen Liu** (16) who bagged gold in the 200m freestyle, 100 & 200m backstroke and 200m m individual medley and silver in the 100m Freestyle. **Richard Sellers** (19) was also in excellent form, winning 5 gold and one silver. **Chris Steeples** (15) also swept the board in all breaststroke events, taking top spot in the 50, 100 & 200m.

In the relays, Derventio also took gold in both the men & women's 4x100m medley relay, silver in the women's 4 x 200m Freestyle and bronze in the 4 x 100m event . Other medal winners were:

**Livvi Sefton** (16) Gold: 50 & 100m Butterfly. Silver: 200m Butterfly

**Emma Smithurst** (17) Gold: 200m Butterfly. Silver: 100m Butterfly. Bronze: 200 Individual Medley.

**Dave Ellis** Gold: 400m Freestyle. Silver: 100m Breaststroke, 200m Individual Medley.

**Jamie Broom** (18) Gold: 100m Freestyle.

**Laura Jamieson** (16) Silver 50 & 100m Backstroke. Bronze: 200m Backstroke.

**Greg Cherry** Silver: 50m Freestyle. Bronze: 100m Freestyle

**John Davey** (19) Silver: 200m Breaststroke

**Frances Anderson** (13) Silver: 50m Butterfly.

**Scott Tovell-Coleman** (15) Bronze: 1500m Freestyle

**Joanne Reeks** Bronze: 1500m Freestyle

Head Coach Mark Rose said: "Our swimmers have yet again proved their mettle, producing excellent results. The focus is now on preparation for the National Championships in August, where I expect further successes. The younger members of the squad will also be taking part in the Midland Age Group Championships next month, which in addition to the Youth results, will without doubt, prove the extent to which our swimmers dominate at all ages "

***Derventio eXcel is a partnership between all Derbyshire Swimming Clubs, Derby City Council, South Derbyshire District Council, North East Derbyshire Council, Amber Valley Borough Council, Chesterfield Borough Council,***

# DERVENTIO eXCEL SWIM SQUAD



Derbyshire Amateur Swimming Association, British Swimming, Derbyshire Sport, the University of Derby and Derby College. It is one of a select number of squads that are endorsed and supported by British Swimming.

Swimmers at Derventio eXcel train for up to 27 hours per week, with six sessions starting at 5 30am. They train in a wide range of facilities over the county including: John Port School, Manor College, Middlecroft, Moorways, Queens, Queens Park, Ripley, Eckington & Sharley Park Clay Cross Leisure Centres

For further comment regarding this press release or to discuss any aspect of the Derventio eXcel programme, please contact Mark Rose – Head Coach on: 07956 516618