



By Chris Keane

## **Midland Youth Championships**

Derventio eXcel Swim Squad have once again had an extremely successful Midland Youth Championships, taking 18 gold, 10 silver and 11 bronze medals. Joe Keane (18) & Emma Smithurst (16) were top performers, taking 4 golds and 2 silvers each. Keane won 4 individual golds in the 100, 200 & 400m freestyle and the 400m Individual Medley events, as well as beating team-mate Richard Sellers in a thrilling final of the 'Skins' competition. Keane was joined by James Lovatt, Richard Sellers, John Davey, Chris Steeples & Michael Glossop, who in various combinations, also took 1st places in the 4X100m, 4X200m freestyle & 4X100m Medley Relay Team events. Emma bagged gold in 100 & 200m butterfly and 200 & 400m Individual Medley.

Other star performers were:

- Richard Sellers (18) – Gold: 50m Freestyle, 200m Butterfly; Silver: 100m butterfly; Bronze: 100 & 200m Freestyle, 100m Backstroke
- James Lovatt (18) - Gold: 100m Backstroke & 200m Individual Medley. Silver: 100m Freestyle, 200m Backstroke. Bronze: 50m Freestyle
- Oliver Sefton (15)– Gold: 100 & 200m Butterfly
- Rebecca Harrison (16)- Gold: 800m Freestyle
- David Ellis (21)– Gold: 50 & 100m Breaststroke
- Laura Jamieson (15)– Silver: 100 & 200m Backstroke
- Chris Steeples (15)– Silver: 100m Breaststroke
- John Davey (17)– Bronze: 100 & 200m Breaststroke
- Peter Taylor (25)– Bronze: 400m Freestyle
- Darren Hodgett (16)– Bronze: 400m Individual Medley

In the men's 17/18 year age group freestyle finals, Keane, Lovatt & Sellers totally dominated, impressively taking all podium places in the 50m, 100m, & 200m events as well as being the last 3 in the 'Skins' competition.

# DERVENTIO eXCEL SWIM SQUAD



Derventio Head Coach Mark Rose said: "Our swimmers have yet again proved their mettle, producing excellent results. The focus is now on preparation for the National Championships in July, where I expect further successes"

***Derventio eXcel is a partnership between all Derbyshire Swimming Clubs, Derby City Council, South Derbyshire District Council, North East Derbyshire Council, Amber Valley Borough Council, Chesterfield Borough Council, Derbyshire Amateur Swimming Association, British Swimming, Derbyshire Sport, the University of Derby and Derby College. It is one of a select number of squads that are endorsed and supported by British Swimming.***

***Swimmers at Derventio eXcel train for up to 27 hours per week, with six sessions starting at 5 30am. They train in a wide range of facilities over the county including: John Port School, Manor College, Middlecroft, Moorways, Queens, Queens Park, Ripley, Eckington & Sharley Park Clay Cross Leisure Centres***

***For further comment regarding this press release or to discuss any aspect of the Derventio eXcel programme, please contact Mark Rose – Head Coach on: 07956 516618***