



# Derventio eXcel Swim Squad

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## Another Successful Midland Championships for Derventio

Derbyshire's elite swim squad, Derventio eXcel were once again in excellent form at last weekend's Midland Youth Championships which took place in Coventry. Top performers were: Zichen Liu (18) who bagged gold in both the 50m & 200m backstroke and silver in the 100m event and Chris Steeples (17) who did the same, but in the Breaststroke, taking the 100m & 200m titles and silver in 50m. Both Chris and Zichen added a further two golds to their tally in the relay events where they were joined by Kane Hagget (18) and Scott Tovell-Coleman (17) to win the 4x200m Freestyle, and Kane & Thomas Matthews (15) in the 4x100m Medley Relay. Scott was also in excellent form in the longer distance swims, where he took the title in the 800m Freestyle and silver in the 1500m event.

Jodie Hawkesworth who recently joined Derventio from Cheadle and Molly Renshaw (14) both produced some excellent swims in the Breaststroke events, with Jodie winning gold and Molly the silver in the 200m, Jodie the silver in the 50m and 100m, and Molly the bronze in the 100m.

Other Derventio medallists were:

**Emily Allsopp** (16) Silver: 50, 100 & 200m Backstroke

**Evie Keane** (15) Silver: 100 & 200m Backstroke. Bronze: 50m Backstroke

**Kane Haggett** (18) Silver: 50m Backstroke. Bronze: 50m Freestyle, 100m Backstroke

**Frances Marshall** (16) Bronze: 50, 100 & 200m Freestyle

**Catherine Williams** (14) Silver: 400m Freestyle

**Harry Webster** (15) Bronze: 100m Breaststroke

In the ladies' relay events, Evie, Emily, Frances & Catherine also won a silver in the 4 x 100m and bronze in the 4 x 200m Freestyle. Molly Renshaw then joined Evie, Emily & Frances to take 3<sup>rd</sup> place in the 4 x 100 Medley.

Derventio Head Coach Andi Manley said: "I'm very happy with these results. We haven't tapered our swimmers at all for this event and the intensity of training leading up to the competition has been tough. Despite these very good results, when properly prepared, these swimmers will improve their



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times significantly. Our focus is now firmly set on the National Championships in August, where I expect great things from our talented youngsters.”



Affiliated to ASA East Midland Region and Derbyshire ASA