

DERVENTIO eXCEL SWIM SQUAD



By Chris Keane

David & Emma Return after International Success

Two of Derventio eXcel swim squad's elite swimmers are now settling back into the routine of normal training after tasting success overseas. David Ellis represented Great Britain at the IPC Disability World Championships, in Durban, South Africa in the S13 category last month. He missed out on a medal, finishing 4th in the 100m Breastroke in a time of 1m 12.51s and 5th in the final of the 200m Individual Medley in 2m 27.66s

Ripley based swimmer, Emma Smithurst was also selected to attend a British Swimming female end of year tour to Singapore and Australia, which included the opportunity to compete at the Queensland State Championships. Like other Derbyshire swimmer, Ross Davenport at last year's Commonwealth Games, Emma put on an impressive display of British swimming prowess in front of the Aussie swimmers.

Emma competed in eight individual events as follows:

- 1st - 400m Individual Medley: 4m 55.21s
- 2nd - 100m Butterfly: 1m 04.45s
- 2nd - 200m Butterfly: 2m 13.41s (Open & Junior County Record & Midlands record)
- 2nd - 200m Individual Medley: 2m 22.36s
- 2nd - 800m Freestyle: 9m 00.28s
- 3rd - 200m Backstroke: 2m.21.06s (Open & Junior County Record)
- 4th - 400m Freestyle: 4.23.44 (Open & Junior County Record)
- 8th - 200m Freestyle: 2m 09.63s

She also took silver medals in the 4x50m Medley & Freestyle and 4x100m Medley Relay Teams. In her favourite events: the 100 & 200m Butterfly, she took 7th and 5th places respectively in the open category. Jessicah Schipper, the current world record holder, won both of these events!

Derventio Head Coach Mark Rose said: "I am immensely proud of David and Emma's achievements. I was head coach for the Singapore and Australia tour, so was extremely pleased to be able to see Emma excel in her 1st international competition. David goes from strength to strength and I look forward to seeing him medal for his country in the future"

Derventio eXcel is a partnership between all Derbyshire Swimming Clubs, Derby City Council, South Derbyshire District Council, North East Derbyshire Council, Amber Valley Borough Council, Chesterfield Borough Council, Derbyshire Amateur Swimming Association, British Swimming, Derbyshire Sport, the University of Derby and Derby College. It is one of a select number of squads that are endorsed and supported by British Swimming.

Swimmers at Derventio eXcel train for up to 27 hours per week, with six sessions starting at 5 30am. They train in a wide range of facilities over the county including: John Port School, Manor College, Middlecroft, Moorways, Queens, Queens Park, Ripley, Eckington & Sharley Park Clay Cross Leisure Centres

For further comment regarding this press release or to discuss any aspect of the Derventio eXcel programme, please contact Mark Rose – Head Coach on: 07956 516618

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