



Derventio eXcel

Swimming Squad

6th Long Course Open Meet 28th & 29th April 2012

at Ponds Forge International Pool Sheffield

(Under ASA Laws and ASA Technical Rules of Swimming Licence No 1EM2075)

Individual Entry Form

Please return the completed entry form with the appropriate entry fee by the closing date of **28th March 2012**.

All times to be 50m (long course) times, short course conversions accepted. Age as at 29th April 2012.

Name:			
Gender:	Male / Female	Entry No: (Official Use Only)	
Date of Birth:	/ /	ASA No:	
Club:			
Address:			
Tel No:		Email:	

Event	Entry Time	Event	Entry Time
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly	
100m Backstroke		200m Butterfly	
200m Backstroke		200m Individual Medley	
		400m Individual Medley	

Total No of Entries:		@ £6.00 per Event	£ - p
Coaches Passes Req'd		@ £15.00 per Day	£ - p
Coaches Passes Req'd		@ £20.00 for Both Days	£ - p

This event is Level 1 Licensed by the ASA for entry into National Championships, entries must be equal to or faster than the published qualifying times for each event. These entries will be accepted on a "**quickest times submitted by age group basis**". Please see meet rules and conditions for details.

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature: _____ Date: ____/____/____.

Please return all completed entry forms, together with entry fees to: Richard Latham C/O J Seamer & Son Ltd
35 Shaftesbury Street South, Derby. DE23 8YH (cheques payable to Derventio Excel Swim Squad)

www.derventioexcel.org.uk