



Derventio eXcel

Swimming Squad

Affiliated to ASA East Midland Region and Derbyshire ASA (Licence No 1EM2075)

6th Level 1 – Long Course Open Meet

Ponds Forge International Pool, Sheffield

Saturday 28th & Sunday 29th April 2012

VENUE Ponds Forge International Pool, Sheffield. The pool length is 50m, 10 lanes, and will be equipped with electronic timing with full display and anti-wave lane ropes. It is the responsibility of the coaches/team managers to ensure that their swimmers use the facility for the purpose intended.

AGE GROUPS The age groups are:

10, 11, 12, 13, 14, 15 & Over. Ages as at Sunday 29th April 2012.

AWARDS Awards will be given to the top three placed swimmers in each age group in each individual event. In addition to the individual event awards there will be the following overall awards:

A **Top Team** award.

A **Best Supported Team** award.

Top three Boy/Girl awards in each of the following ages:-

10, 11, 12, 13, 14, 15/over years Boys using BAGCATs

10, 11, 12, 13, 14, 15/over years Girls using BAGCATs

Note these will be British Age Group Categories based on **FINA** points

The overall awards will be calculated as follows:-

Top Boy / Girl

FINA points will be calculated for all swims. These points will be accumulated into the appropriate British Age Group Category for each individual year age. The overall top three swimmers in each of these BAGCATs will receive a Top Boy/Girl award.

Top Team Event points will be scored for all events

The scoring will be:- 1st 6 points, 2nd 5 points, 3rd 4 point, 4th 3 points, 5th 2 points 6th 1 point

Event points will be accumulated for all swimmers (from all age groups) for each Club. The overall Top Club will receive a Trophy.

Best Supported Team

This award will be made at the discretion of the promoters.

If there is a tie for any of these awards then the prizes will be shared.

Please address any enquiries or queries to:- promoter.openmeet@derventioexcel.org.uk

www.derventioexcel.org.uk



Derventio eXcel

Swimming Squad

SCHEDULE OF EVENTS

Saturday

Session

1

Warm

Up 7:50am

Start 9:00am

Expected

Finish 12:30pm

Event	1	Male	100	Free
	2	Female	400	IM
	3	Male	50	Breast
	4	Female	200	Back
	5	Male	100	Back
	6	Female	50	Fly
	7	Male	200	IM
	8	Female	200	Fly

Session

2

Warm

Up 12:45pm est tbc

Start 14:00pm est tbc

Expected

Finish 17:30pm

Event	9	Female	400	Free
	10	Male	200	Breast
	11	Female	50	Back
	12	Male	100	Fly
	13	Female	100	Breast
	14	Male	50	Free
	15	Female	200	Free

Sunday

Session

3

Warm

Up 7:50am

Start 9:00am

Expected

Finish 12:30pm

Event	16	Female	100	Free
	17	Male	400	IM
	18	Female	50	Breast
	19	Male	200	Back
	20	Female	100	Back
	21	Male	50	Fly
	22	Female	200	IM
	23	Male	200	Fly

Session

4

Warm

Up 12:45pm est tbc

Start 14:00pm est tbc

Expected

Finish 17:30pm

Event	24	Male	400	Free
	25	Female	200	Breast
	26	Male	50	Back
	27	Female	100	Fly
	28	Male	100	Breast
	29	Female	50	Free
	30	Male	200	Free



Derwentio eXcel

Swimming Squad

Long Course Qualifying Times

BOYS

GIRLS

10	11	12	13	14	15 +	Event	10	11	12	13	14	15 +
39	37	34.9	33	31.3	29.7	50m Freestyle	39.8	37.3	35.4	34	32.9	32.2
1:18.8	1:18.8	1:13.7	1:09.8	1:06.9	1:04.4	100m Freestyle	1:26.2	1:19.3	1:15.2	1:12.7	1:10.7	1:09.6
3:03.6	2:51.3	2:40.8	2:32.6	2:25.6	2:20.7	200m Freestyle	3:04.4	2:51.3	2:42.5	2:36.2	2:32.1	2:29.1
6:26.4	5:56.0	5:38.1	5:21.8	5:07.0	4:57.6	400m Freestyle	6:27.4	5:56.4	5:38.8	5:26.3	5:18.0	5:12.8
51.6	48.2	44.6	41.8	39.7	37.8	50m Breaststroke	51.2	47.8	45	43.1	41.5	40.6
1:41.5	1:41.5	1:34.7	1:28.8	1:24.6	1:21.4	100m Breaststroke	1:50.3	1:41.6	1:35.2	1:30.8	1:28.5	1:27.5
3:57.2	3:39.1	3:25.2	3:12.5	3:02.5	2:55.4	200m Breaststroke	3:55.5	3:36.6	3:24.9	3:15.5	3:09.5	3:06.7
43.5	40.8	38.1	35.9	34	32.2	50m Butterfly	44	40.7	38.6	36.7	35.7	34.8
1:27.7	1:27.7	1:21.5	1:16.8	1:12.8	1:09.8	100m Butterfly	1:37.1	1:27.9	1:22.6	1:19.1	1:17.2	1:15.5
3:32.3	3:12.5	2:59.9	2:49.9	2:40.9	2:34.4	200m Butterfly	3:34.6	3:12.6	3:01.7	2:53.5	2:48.0	2:45.7
46	43.2	40.5	38.2	36.1	34.5	50m Backstroke	46	43.1	40.9	39.4	38	37
1:29.8	1:29.8	1:24.1	1:19.2	1:15.0	1:12.2	100m Backstroke	1:37.5	1:29.9	1:24.5	1:21.7	1:19.6	1:17.9
3:25.8	3:12.0	3:00.7	2:50.3	2:42.3	2:36.0	200m Backstroke	3:26.3	3:11.0	3:00.6	2:54.3	2:49.8	2:45.8
3:29.6	3:14.3	3:02.8	2:52.7	2:44.8	2:38.4	200m Ind Medley	3:29.6	3:14.3	3:03.3	2:56.8	2:52.3	2:48.9
7:26.3	6:50.8	6:26.7	6:06.4	5:49.3	5:36.2	400m Ind Medley	7:26.2	6:47.3	6:24.9	6:10.6	6:02.0	5:55.2

Short course conversions accepted



Derwentio eXcel

Swimming Squad

Meet Rules and Conditions

The meet will be held under A.S.A laws and A.S.A technical rules of swimming. This event is **LEVEL 1 LICENSED** by the ASA for entry into National and Regional Championships. Officials will be from National and Regional lists of the ASA.

All competitors must be members of an affiliated club, eligible to compete and registered in accordance with A.S.A laws and A.S.A technical rules and may enter in the name of one club only.

The promoter (Derwentio eXcel Swimming Squad) reserves the right to reject any entry without giving a reason. By submitting entries on the official entry forms or electronically, clubs and competitors accept the rules of this competition. Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) a) because of incorrect entry information will be withdrawn from the event(s) and will not have their entry fees refunded. However, b) because of error by the organizer, will be withdrawn from the event(s) and will at the organizer's discretion and without further obligation or liability by the organizer either a) be entered in the correct event or b) receive a refund of the relevant entry fee(s).

The pool is 50m and the competition will be swum **long course**. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible. Over the top starts may be used at the promoters discretion.

Entries with Long Course times (short course conversions accepted) should be made via Sports Systems Entry Manager file (or individual entry form if applicable) and backed up with the individual entry form together with entry fees and should reach the Meet Secretary by **28th March 2012**. The entry fee is **£6.00** per event. Cheques should be made payable to Derwentio eXcel Swim Squad

The acceptance of competitors will be based on **quickest times submitted by age group basis**. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. **Entries must be within (i.e. equal to or faster than) the published qualifying times** for each event.

As soon as possible after the closing date, club list sheets will be posted on the Derwentio eXcel website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post or will be available for collection by Clubs on the day. There will be no refunds for withdrawals after the closing date.

All events are being swum combined, however awards will be age grouped. **Ages will be as at 29th April 2012**. By submitting entries, consent is thereby given, as required under the data Protection Act of 1984, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.

Under A.S.A child protection guidelines all spectators wishing to use cameras, video or digital capturing device (including mobile phones) must first register their details on the approved ASA form provided at the spectator entrance with proof of identity. An identification label will be issued which must be on show at all times. This policy will be vigorously enforced and any person found to be contravening this policy will be asked to leave the gala without refund.

The meet will be run without cards. If swimmers intend to withdraw they should inform the meet organisers before the start of the warm up.

All events will be heat Declared Winners and consist of:-
50m, 100m, & 200m all four strokes
400m free, 200m & 400m IM

Entries will be seeded into heats from submitted times. Slowest heats will be swum first. All heats will be placed in 'spearhead' formation.

Competitors must report to the stewards 2 events prior to their event.

Only swimmers reporting for their event and appointed officials are allowed on poolside during the competition. During warm-ups only coaches holding the valid Meet pass will be allowed on poolside. Wet swimmers are not allowed in spectator areas.

Any matter not covered by these conditions or by ASA laws or technical rules will be at the promoter's discretion.

ENTRIES

Entry Forms/Payment to:-
Richard Latham
C/O J Seamer & Son Ltd
35 Shaftesbury Street South
Derby DE23 8YH

Electronic Entries/Enquires:-

entries.openmeet@derventioexcel.org.uk

Entries should be submitted to the above contact, all entries sent via post should include full payment and be sent recorded delivery.

Electronic Entries should be emailed to the above address and be backed up with the individual entry forms, an entry report, a completed cash entry summary form detailing any poolside pass applications and full payment.

For electronic entries emailed the sent date on the email will be classed as the date submitted likewise for postage entry the posted date will be classed as the entry date. **NO LATE ENTRIES WILL BE ACCEPTED**

No Entries will be processed without full and complete payment.

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a single cheque will be made payable to club in question.

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POOLSIDE PASSES

Coach passes are **£20.00** each for the weekend or **£15.00** each per day, including refreshments. Each club may apply for an initial 2 passes.

Additional passes may be purchased based upon the number of swimmers present at the meet. Passes must be worn at all times whilst on poolside and will be required to gain access.

Coaches passes/packs will be issued from the Meet Office before the start of the meet.

THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE
WITHOUT A POOL PASS

OVERSEAS CLUBS The promoter reserves the right to guarantee entries of up to a maximum of four clubs and not exceeding a total of 400 entries, where booking of flights is required to travel to and from the event. All entries must meet the published qualifying times, proof may be requested. This will be on a first come first served basis and application must be by e mail to the promoter on promoter.openmeet@derventioexcel.org.uk The promoter strongly recommends that no travel arrangements are confirmed until the club receives a written confirmation of entry.

The following session times are provisional. Session timing will be finalised once all entries have been processed and will be posted on the Derventio eXcel website.

Saturday 1st Session 1 9.00am
 Session 2 2.00pm

Sunday 2nd Session 3 9.00am
 Session 4 2.00pm

Confirmation of session times will be posted on the Derventio eXcel Website

ELECTRONICS

Omega timing system with electronic display

DRUG TESTING

Testing may take place at this event and implicit by the submission of an entry form is the willingness, if selected, to be tested under the current ASA procedures.

MEET RESULTS

In addition to providing a real time results service the meet results will be posted on the Derventio eXcel within 24 hours of the meet closing. Results will also be passed to the ASA for their reference and inclusion in rankings.

For club's using Sports Systems or other software systems, a complete electronic copy of the meet results can be obtained following the meet. Any club's wishing this service should provide their e-mail details to the meet office during or prior to the meet.

HEALTH & SAFETY

No outdoor shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area and particularly when moving around in the competitors area. **Swimmers are asked not to enter the spectators area or foyer.**

It is the responsibility of the swimmer and or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

SWIM SHOP A swim shop will be in operation during this meet opening hours TBC.

MOBILE PHONES

Swimmers, parents and coaches are reminded that the use of mobile phones **is not allowed inside the Ponds Forge pool area.** This policy is actively enforced and all visitors are asked to comply.

MEET OFFICE

A Meet Office will be open for the duration of the meet. An emergency contact number will be made available and will be displayed on the Derwentio eXcel website during the week before the start of the meet.

Please address any enquires or queries to:- promoter.openmeet@derventioexcel.org.uk

General Information

1. Spectator tickets and programmes will be available at the table situated at the spectator's entrance to the pool.

Spectator admission prices:

Children under 14 Free

All Day Saturday Adult £7.00 OAP £3.50

All Day Sunday Adult £7.00 OAP £3.50

Weekend Pass Adult £12.00 OAP £6.00

Session Pass Adult £4.00 OAP £2.00

Weekend Programme £6.00

2. Coaches passes and Pool Side passes are available to Coaches supporting competing swimmers.

They include a Programme and refreshments.

£20.00 for both Saturday and Sunday.

£15.00 for Saturday or Sunday only.

Coaches Passes must be ordered with entries.

Pool Side Passes cannot be bought on the day unless identity is verified by a club official and proof of CRB check is produced.

3. Presentation of medals will be made as soon as possible after the event.

www.derventioexcel.org.uk

4. Result sheets will be on display for spectators as soon as possible after each event.
5. An accredited team of photographers may be present at the meet on both days.
(Please check our web site at www.derventioexcel.org.uk)
6. Any conditions not covered in the above will be at the discretion of the promoters **Derventio Excel Swim Squad** and includes any alterations to the program and warm up times as necessary.
7. The safety of all competitors, officials and spectators is of paramount importance. During this event announcements concerning your safety will be made in accordance with the recommendations of the ASA. The organisers ask everyone to pay particular attention to these announcements and instructions. Also please keep all emergency exits clear of obstruction and follow all the safety instruction given by the organisers or the Sports Centre staff.

Please address any enquires or queries to:- promoter.openmeet@derventioexcel.org.uk



Derventio eXcel

Swimming Squad

6th Long Course Open Meet 28th & 29th April 2012 at Ponds Forge International Pool Sheffield

(Under ASA Laws and ASA Technical Rules of Swimming Licence No 1EM2075)

Individual Entry Form

Please return the completed entry form with the appropriate entry fee by the closing date of **28th March 2012**.

All times to be 50m (long course) times, short course conversions accepted. Age as at 29th April 2012.

Name:			
Gender:	Male / Female	Entry No: (Official Use Only)	
Date of Birth:	/ /	ASA No:	
Club:			
Address:			
Tel No:		Email:	

Event	Entry Time	Event	Entry Time
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly	
100m Backstroke		200m Butterfly	
200m Backstroke		200m Individual Medley	
		400m Individual Medley	

Total No of Entries:		@ £6.00 per Event	£ - p
Coaches Passes Req'd		@ £15.00 per Day	£ - p
Coaches Passes Req'd		@ £20.00 for Both Days	£ - p

This event is Level 1 Licensed by the ASA for entry into National Championships, entries must be equal to or faster than the published qualifying times for each event. These entries will be accepted on a "**quickest times submitted by age group basis**". Please see meet rules and conditions for details.

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature: _____ Date: ____/____/____.

Please return all completed entry forms, together with entry fees to: **Richard Latham C/O J Seamer & Son Ltd**
35 Shaftesbury Street South, Derby. DE23 8YH (cheques payable to Derventio Excel Swim Squad)



Derventio eXcel

Swimming Squad

6th Long Course Open Meet
Ponds Forge International Pool, Sheffield
28th & 29th April 2012
(Age as at 29th April 2012)

Cash/Entry Summary Form

Club

Contact Name

Telephone Number

Email address

Individual Male Entries @ £6.00 each: Sub Total

Individual Female Entries @ £6.00 each: Sub Total

Coaches Passes @ £15 per day: Sub Total

Coaches Passes @ £20 For 2 days: Sub Total

Total Cheque Enclosed: £

Cheques should be made payable to Derventio eXcel Swim Squad

Please return all completed entry forms, together with entry fees to: Richard Latham C/O J Seamer & Son Ltd
35 Shaftesbury Street South, Derby. DE23 8YH